



## Newsletter – June 2015

Welcome to the summer 2015 edition of the NKMC Newsletter!

It looks as though the good weather is finally making an appearance so enjoy all the vitamin D – although please be sun aware and make sure not to burn



With hayfever season upon us please do try over the counter medicines available at the chemist before booking an appointment

### Hepatitis vaccination for new born babies

If you, as a mother, your partner or anyone else who you have regular contact with is Hepatitis B positive and you have a new baby please be aware there is now a vaccination to protect your baby. Please contact reception for more information

### LETTERS OF SUPPORT

We have recently been inundated with requests for letters to support housing, immigration, DWP and benefit claims. Patients tell us that these organisations are instructing clients to request a letter of support from their GP. If an organisation requires medical information in order to decide on the appropriate decision for a claim or other situation it is the responsibility of that organisation to formally request a report giving patient consent to release the information. From now on if you ask for such a letter at an appointment or at reception you will be given an information sheet stating this. Please note there will be a charge made for letters of support

### Don't Forget

Please let us know if you are unable to keep your appointment – this time can be used for someone else

### E-MAIL Appointment Booking and online Repeat Prescriptions

Did you know that you may now book appointments and order repeat prescriptions via the internet?

If you would like to do this inform reception of your e-mail address and we will register you for online services.



### Polite Notice

Following an incident at the practice, patients and visitors are respectfully reminded that dogs are not allowed on the premises (Assistance dogs are, of course, welcomed)

Ladies – Important – regular cervical screening (smear tests) are vital to detect early possible abnormalities, ensuring timely treatment where required. Book your appointment with the Practice Nurse as soon as you receive your invitation





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### Review Monitoring



If you live with a long term condition that requires regular medication you will be asked periodically to attend a review appointment in order that we can ensure your medication is still effective and to possibly talk about lifestyle changes that would help improve your condition. If you are prompted on your repeat prescription to make an appointment for a review we may restrict your medication until you attend as these reviews are vital to maintain optimum health

**So act today!**

What would you like to see included in this newsletter or on the web-site?

We are keen to hear suggestions for articles or information to be displayed – please use the suggestion box at reception or e-mail to:

[Nkmc2@nhs.net](mailto:Nkmc2@nhs.net)

**Please note – Repeat prescriptions will be ready for collection from the practice 48 hours after request**



### **Holiday Vaccinations**

If you are lucky enough to be travelling abroad this summer please do not forget to plan for travel vaccinations - contact reception for details of how to do this.

**We are currently recruiting a part time senior Practice Nurse to join our team.**  
**Please contact the practice if you are interested**

### **Customer Service**

**We take great care to ensure that the services delivered to you are professional and delivered in a calm and relaxed manner. We do acknowledge that we can all suffer with the pressures of primary care life and so if our service is not as you expect we would very much like to hear from you so that we can look at what went wrong and hopefully prevent a re-occurrence.**

**If you are not happy please tell us – ask at reception for more details on how to tell us where we go wrong.**

**(We also really like to hear when we get it right so do feel free to tell us this as well)**

